



## HIKING

### Stanford Dish Loop “Intermediate level”- 3.6 miles

The Stanford Dish [Loop Trail](#) is a popular, paved trail that hikers and runners use for recreational purposes. The trail follows rises and falls along the hills above Stanford University, where various research and academics projects are happening.

There are several gates that provide access to the Stanford Dish area. The Piers Gate is located off [Alpine Road](#) and has a small parking area. The Gerona, Frenchman's and Stanford Gates are all located off Junipero Serra Blvd. There is limited parking along Stanford Ave, although you can park at Nixon Elementary on the weekend.

**10 min (3.0 miles)**



via Alma St and Stanford Ave

Fastest route, despite the usual traffic

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180 Hamilton Ave

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

482 ft

↳ Turn left onto Alma St

0.8 mi

↗ Turn right onto Churchill Ave

0.2 mi

↖ Turn left onto El Camino Real

0.5 mi

↗ Turn right onto Stanford Ave

1.4 mi

Entrance to Stanford Dish Hike

Stanford Dish Hiking Trail, Stanford, CA 94305

**Dean Trail "Intermediate level"- 2.1 miles- Emerald Lake Hills, CA**

From the junction w/ the crystal sprints trail, run past the Werder and Miwok picnic areas. Cross Archery fire road twice, and then make a stop at the picnic table at McGarvey Flat. Continue to the terminus at the Crystal Sprints Trail

**27 min (10.2 miles)**



via Sand Hill Rd

Fastest route, the usual traffic

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**180 Hamilton Ave**

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

43 s (482 ft) —————

> Take Sand Hill Rd, I-280 N, Woodside Rd and Kings Mountain Rd to Huddart Park Rd in San Mateo County

23 min (9.5 mi) —————

> Continue on Huddart Park Rd to your destination

4 min (0.6 mi) —————

**Crystal Springs Trail**

Redwood City, CA 94062

### **Razorback Ridge Trail “intermediate level”- 2.3 mi- Portola Valley, CA**

This trail climbs a steep hillside along several well-maintained switchbacks. Breaks in the forest canopy of coast live oak and Douglas fir provide occasional views. At the top, a connection with the [Lost Trail](#) lets you create excellent loops with either the [Hamms Gulch Trail](#) or [Spring Ridge Trail](#)

**36 min (12.0 miles)**



via Alpine Rd

Fastest route

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180 Hamilton Ave

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

43 s (482 ft) —

➢ Take Sand Hill Rd and Alpine Rd to Los Trancos Rd in Portola Valley

16 min (6.3 mi) —

➢ Continue on Los Trancos Rd. Drive to Rapley Trail

20 min (5.6 mi) —

Rapley Trail

Portola Valley, CA 94028

### **Anniversary Trail “Easy Level” .6 miles Portola Valley, CA**

The Windy Hill Open Space Preserve is open 30 minutes before sunrise to 30 minutes after sunset throughout the year.

The trail is relatively free from obstacles, making it a nice run along the hillsides.. The Anniversary Trail can accessed by heading up the [Spring Ridge Trail](#) or the [Hamms Gulch Trail](#) from Portola Valley. It can also be accessed by taking Skyline Boulevard to the Windy Hill Open Space Preserve and parking in one of the parking lots there.

The trail departs the parking lot and works its way through open fields that provide fantastic views of the San Francisco Bay area.

**28 min (12.8 miles)**



via Sand Hill Rd and CA-84 W

Fastest route, the usual traffic

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180 Hamilton Ave

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

43 s (482 ft) —————

➢ Take Sand Hill Rd and CA-84 W to CA-35 in San Mateo County

28 min (12.7 mi) —————

San Mateo County

California 94028

### **Chinquapin Trail “Intermediate Level” 1.5 mi Woodside, CA**

This quiet, pleasant trail climbs McGarvey Gulch toward Skyline Boulevard. From the **Dean Trail**, join **Archery Fire Road** for a small stretch, then climb up the forested hillside until you join the **Archery Fire Road** road again, this time near the **Skyline Trail**.

**30 min (10.8 miles)**



via Sand Hill Rd and Kings Mountain Rd

Fastest route, despite the usual traffic

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**180 Hamilton Ave**

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

43 s (482 ft) —————

➢ Take Sand Hill Rd, I-280 N and Woodside Rd to  
Kings Mountain Rd in San Mateo County

28 min (10.7 mi) —————

**Chinquapin Trail**

Redwood City, CA 94062

## **Franciscan Loop Trail “Easy Level” 1.5 mi Los Altos Hills, CA**

The Los Trances Preserve is open year round from dawn until half an hour past sunset. Bicyclists are not allowed on the trail, so it makes it for good running.

The trail has a very steep and rocky section to it, so be careful in this section. However, the rest of the trail is flat and running is easy through the area.

The Franciscan **Loop Trail** departs the parking lot on Page Mill Road to the left. If you go straight out of the parking lot, you'll miss the best views in the preserve. The trail climbs gently as it works its way up a small hill before emerging at a bench where there are stunning views of the bay area. You can see various cities off in the distance, as well as the San Francisco Bay and the Santa Cruz Mountains off to the left.

30 min (12.1 miles)



via Page Mill Rd

Fastest route, the usual traffic

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180 Hamilton Ave  
Palo Alto, CA 94301

- ↑ Head southwest on Hamilton Ave toward High St  
482 ft
- ↳ Turn left onto Alma St  
1.5 mi
- ↗ Slight right onto the ramp to Page Mill Road W/CA-82/El Camino Real  
0.1 mi
- ↗ Merge onto Oregon Expy  
0.4 mi
- ↑ Continue onto Page Mill Rd  
2.6 mi
- ↳ Keep left to stay on Page Mill Rd  
7.4 mi
- ↗ Turn right  
⚠ **Restricted usage road**  
148 ft

Portola Valley  
California 94028

### **Vista Point Trail “Easy Level” .1miles Ladera, CA**

The preserve is open from 8 am to sunset throughout the year. Hours are posted at the parking lot and can be found [online](#). **Vista Point** and some of the trails are seasonal and may be closed due to rain.

The Enid Pearson-Arastradero Preserve trails are either crushed gravel or dirt, making them ideal for running

The Vista Point Trail is located off the **Meadowlark Trail** at the far end of the preserve. Even though it is one of the shortest trails in the preserve, it offers some of the most sweeping views.

In order to get to the trail, you'll have to cover 1.5 miles on the **Meadowlark Trail** until a narrow, gravel trail breaks off to the right. The trail dips slightly as it passes a picnic table before climbing gently to the top of a hill where a giant shade tree sits at the end of the trail.

**19 min (7.7 miles)**



via Alpine Rd

Fastest route, the usual traffic

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180 Hamilton Ave

Palo Alto, CA 94301

↑ Head southwest on Hamilton Ave toward High St

43 s (482 ft)

➢ Take Sand Hill Rd and Alpine Rd to Los Trancos Rd in Portola Valley

16 min (6.3 mi)

➢ Drive to Los Trancos Rd in Palo Alto

4 min (1.4 mi)

**Meadowlark Trail**

Palo Alto, CA 94304